



Ontario Centre of Excellence
for Child and Youth
Mental Health

Centre d'excellence de l'Ontario
en santé mentale des
enfants et des adolescents

Bringing People and Knowledge Together to Strengthen Care.
Rassembler les gens et les connaissances pour renforcer les soins.

SELECTING A MEASURE

The measures database contains a variety of tools that cover various topics related to child and youth mental health and program evaluation. We know it can be daunting to select an appropriate measure to use in your work.

The following Centre resources can help:

▪ **SELECTING MEASURES AND INDICATORS:**

- This archived webinar is available [on the Centre's website](#).
- This webinar discusses:
 - what measurement is
 - sources of data and types of measures
 - what affects the quality of measures
 - how to select appropriate measures for an evaluation
- An abbreviated (8 minute) version of the webinar can be found here: https://www.youtube.com/watch?v=tph_y-vL0XQ
- Some additional information and links to external sources of information are provided in the supplementary materials.

▪ **IDENTIFYING INDICATORS:**

- In the Centre's program evaluation toolkit, [Tools for Planning, Doing and Using Evaluation](#) the section on page 11 talks about indicators and identifying outcome and process measures.

▪ **MINI-KIT ON QUESTIONNAIRES:**

- This product available [on the Centre's website](#).
- The mini-kit describes questionnaires, touching on topics such as:
 - when to use a questionnaire
 - how to know if a questionnaire is appropriate
 - using an existing questionnaire
 - developing a questionnaire
 - administering a questionnaire
 - analyzing questionnaire data