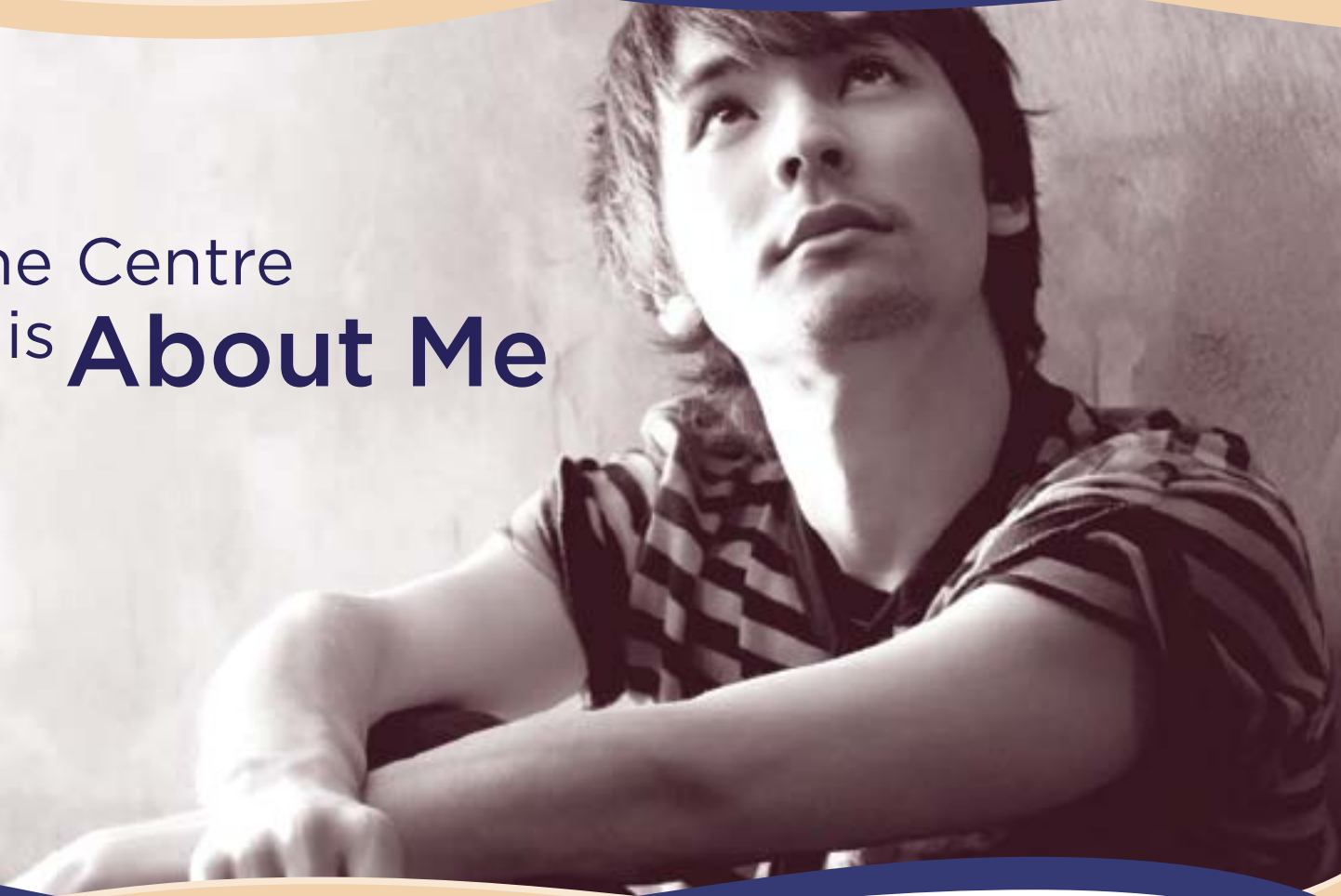




The Provincial Centre of Excellence for Child and Youth Mental Health at CHEO

The Centre
is **About Me**



ANNUAL REPORT 2006-2007

www.onthepoint.ca

The Centre is About...

Building the capacity of the mental health care system and the evidence that supports it.



The fiscal year 2006-2007 marked the Centre's first full year running at capacity. We are an organization committed to a process and vision founded on change; as such we are always evolving, never standing still.

The theme of this year's annual report is 'The Centre is About...' because we are about many people and many different activities, each stemming from a clear goal. Our genesis came from the recognition that consumers, parents and caregivers, advocates, service providers, communities, policy makers, researchers and others share a common goal of integrating and building capacity in the child and youth mental health system. The Centre was created to facilitate positive changes in ways that are evidence-based, holistic and collaborative.

We invested the time to move from our original vision of *daring to dream of an integrated system*, to one where we transform the energy of that dream into the actions that will effect change through partnership, research and innovation. By early 2007 we had revisited our strategic plan and renewed it as an accountability framework to all of our stakeholders in child and youth mental health in Ontario and beyond.

The Centre's Vision

We believe that a fully integrated system meeting the mental health needs of children, youth and their families in ways that are evidence-based, can be achieved.

Strategic Impact Areas

We distilled our vision into three strategic impact areas that we believe will effect the maximum change over the next few years. All of the Centre's activities fall into one of these areas:

1. Evidence-based knowledge and practice in use

The Centre gathers and synthesizes existing knowledge in child and youth mental health so that it can be mobilized and exchanged. The Centre also facilitates research where gaps in knowledge exist.

2. Capacity of training, research and evaluation maximized

The Centre provides opportunities for service provider development and appropriate tools and resources to assist in the evaluation of programs and services. Ultimately these improve the outcomes of children and youth with mental health difficulties.

3. Working together with others to make child and youth mental health matter across Ontario

Facilitating partnerships, networks and collaboration, and mobilizing different types of communities are priorities for the Centre. Engaging youth as key stakeholders is a central activity for the Centre.



Each of these strategic impact areas has a number of associated opportunities for the Centre to work in partnership with a variety of individuals, organizations, associations and alliances. What brings us together to spur on change in these impact areas is our shared commitment to the mental health of children and youth, whether at home, in communities, at school or elsewhere.

In early 2007, the Centre was instrumental in bringing together a number of partners to disseminate high quality information about child and youth mental health. Through this coalition, we look forward to pooling our expertise and minimizing duplication, to ensure that the information available to youth, parents, caregivers, service providers and others is accessible and of the highest quality.

The Centre's Grants and Awards Program is designed to maximize Ontario's capacity for training, research and evaluation. We awarded just over \$3 million this fiscal year through 139 individual grants. The Centre also emphasizes knowledge exchange activities as integral to achieving the greatest impact in promoting an evidence-based child and youth mental health care system. We know that parents, caregivers and service providers often struggle to find the most credible evidence available on successful child and youth mental health care practices. The Centre helps organizations bridge the information gaps through knowledge exchange.

The very urgent needs of Aboriginal children and youth across the province—in the North, in rural communities and in urban centres—figure more and more prominently

in our plans. The needs of this population are multiplied by a dark history and stark living conditions. The World Health Organization has assessed the situation as worse than many developing countries. We have facilitated the building of partnerships to lend support in ways that are culturally appropriate, and led by the First Nations peoples involved. We continue our commitment to these First Nations communities and are stepping up our efforts in creative initiatives such as the North-South Partnership. This Partnership made up of 12 voluntary organizations and 30 First Nations communities came together in 2006 to better the lives of their children and youth. Its early success is due to the dedicated people who came to the table with a shared vision for improvement. We are honoured to sit with them, to play a role in helping their children and youth and their communities – to share in their healing.

Working with others to make child and youth mental health matter across Ontario in ways that are appropriate, accessible and evidence-based, is the cornerstone of the Centre. We continuously look ahead to ensure that the groundwork laid today in those partnerships will achieve the system-wide results to which we are committed. We have the added privilege of working with dedicated and committed individuals, both as part of our staff and within the various committees that support the Centre's work. In the coming months and years, we look forward to expanding and strengthening our networks. We want a brighter future for every child and youth growing up in Ontario.

The strategic impact areas translate into these seven key action areas:

1. Build, synthesize and mobilize the evidence.
2. Accept a model for measuring and monitoring the incidence and prevalence of child and youth mental illness in Ontario.
3. Build capacity in research; facilitate service providers' ability to enhance research skills, maximize use of existing evidence and contribute to evidence through program evaluation.
4. Foster an integrated system through building partnerships and facilitating networks.
5. Become a recognized leader informing advocacy and policy development.
6. Engage and educate cross-sectoral service providers and educators who interact with children and youth.
7. Become a recognized leader in youth engagement for child and youth mental health within Ontario.

Dr. Simon Davidson, M.B., B.Ch., F.R.C.P.(C)
Executive Director, Planning and Development

Dr. Ian Manion, Ph.D., C.Psych.
Executive Director, Operations

1 The Centre is About YOUTH FOCUS



The commitment to children and youth is fundamental in everything the Centre does, whether it is funding a research grant or supporting a community of practice in evidence-based care.

We also support a number of activities with a more direct focus on youth involvement. New this year is the Youth Engagement Pilot Project – The New Mentality. It promises to enhance youth engagement in child and youth mental health in Ontario.

We also continue to fund a number of Dare to Dream projects, providing up to \$1,000 for a young person to promote mental health in their community with the support of a mentor. This year we expanded the program to include opportunities for group applications with a budget of up to \$5,000. We are proud of the impact individual recipients are having in their communities and look forward to sharing their lessons and successes with stakeholders across the province.

Youth Engagement Pilot Project – The New Mentality

If we are to build a mental health system that is truly responsive to Ontario's children and youth, we must engage young people as part of the solution. We must give them the chance to play a meaningful, ongoing, and sustainable role in promoting mental health and advocating for a system that best meets their mental health needs. Engaged youth not only bring tremendous energy and creativity to the table, but they also experience health benefits from participating. This is achieved with the mentorship and support of adults and organizations within the child and youth mental health sector.

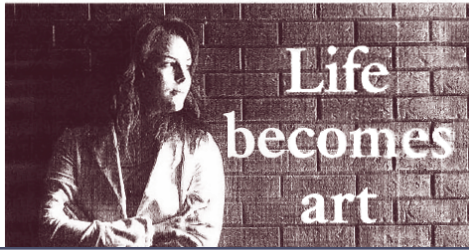
In the spring of 2006 the Centre's Consumers and Advocates Network asserted, "Youth need to be a part of decision-making and need to be with service providers discussing the issues."

The recommendation was a direct result of brainstorming among the network's youth members. Subsequently, the Centre partnered with Children's Mental Health Ontario to create a network of youth to facilitate a coordinated approach to issues pertaining to child and youth mental health. This provincial network will include a broad cross-section of youth to add their own voices to mental health planning, while being supported by adults. Along with the many more partners who have joined since, the Centre will continue to develop the network and form regional "hubs"; recruit youth participants; implement the program; develop youth-friendly briefs of evidence and best practices in youth engagement; and plan for a June 2008 Provincial Youth Conference.

The Dare to Dream Program in Action

Suicide Intervention Team

Dunnville Secondary is a rural composite school of about 650 students in Haldimand County. Its **Suicide Intervention Team** wanted to develop a grassroots student base for suicide awareness and prevention. Students spearheaded the planning and carried out a project to destigmatize depression and talk about suicide. It has had a remarkable effect throughout the school. The team's signature t-shirts create a sea of yellow helpers when worn on Fridays; slogans and promotional materials are posted throughout the school; risk-assessment surveys conducted by the students went out to the student body; students visited classrooms to get their message across. More training sessions are underway as a result of the increase in demand for certification in suicide intervention. More importantly, referrals of students in trouble made their way from school hallways to professional helpers.



Left: Feelings Juice:
Drama & Song

Below: S.T.E.A.M
Participants

Relaxing Room

Students at Chelmsford Valley District Composite School, in the Sudbury area, planned, created and maintain a relaxing room for their school. The idea of a relaxing room is to create a place where students, who need to de-stress during the school day, can go to chill out in a safe and positive environment. The relaxing room can also be used as a place to promote youth mental health. To date the relaxing room has been filled with new furniture, providing a venue for presentations by the health unit nurse, hosting a Foosball tournament and many other great activities. With more and more students coming in to check it out, participants consider this project a huge success!

Feelings Juice: Drama & Song

A team of students and teachers from St. Anne's Separate School and K-W Counselling Services in Kitchener wrote, prepared and presented **Feelings Juice: Drama & Song**. Students first received training in the S.T.E.A.M. (Supporting Temper Emotions and Anger Management) program, which focuses on helping students, teachers and parents understand emotionally difficult situations. S.T.E.A.M. gives students tools to examine feelings and emotions so they are better able to make smart choices. The students took what they learned from the training and turned it into Feelings Juice. This play was performed a total of nine times at different schools around the region, for K-W Counselling and on Rogers Television. In the end, the group presented to well over 1,700 people. There were more requests than the students



could accommodate. Instead, they produced a DVD and made it available to other schools. The show generated a lot of audience feedback, and young spectators thought it was great that people their own age would take the time to write and perform a production just to teach them something new. They also said they could connect to the subject matter better with people their own age presenting it.



“ We know that young people prefer to talk to each other when they're in trouble, and in a rural setting the risks are especially high. After some great brainstorming with students and staff, we applied for and received a Dare to Dream award that allowed us to provide meaningful suicide intervention training. The training was long enough, interactive enough and effective so that by the end - everybody got it. The student and staff graduates have become champions of mental health in the school. We have heard again and again, that these are life-changing events for the youth participants. ”

Jan Putman, Teacher, Dare to Dream Mentor, Dunnville Secondary School

2 The Centre is About

BUILDING CAPACITY AND FUNDING RESEARCH

The Centre distributed just over \$3 million this past year through the Grants and Awards Program.

The program's primary objectives are to develop new knowledge, establish new networks and partnerships, and increase the skills of those working in child and youth mental health through training initiatives.

The Grants and Awards Program has evolved with the Centre and this year saw some exciting new additions. Applicants can now submit for grants and awards using an online application system. Peer-reviewers from around the world are also using this new technology to evaluate grants and awards submissions.

The Centre is also piloting a Community Mobilization Award, a sub-category of the Expertise Mobilization Award. This award is designed to help service providers in mobilizing around, and working collaboratively on, child and youth mental health issues that are pressing in their communities. It will be pilot tested in two communities later this year following a request for proposals in Fall 2007.

The Centre was also able to offer 54 Program Evaluation Grants, which were very well received. We have heard again and again how these grants have not only provided much needed information about the effectiveness of treatment programs, but also how they contribute to building a culture of evaluation in front-line agencies.

The Centre is About Funding Innovation

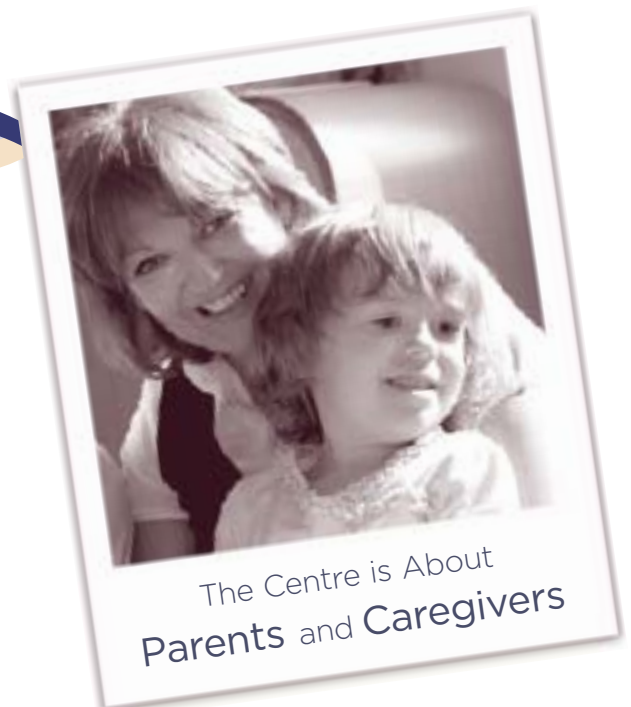
The Centre offers Initiatives funding as one-time financial support to organizations with an innovative and replicable project that will have benefits beyond their community. The Centre looks for projects that demonstrate collaboration and that leverage funds from other leading organizations.

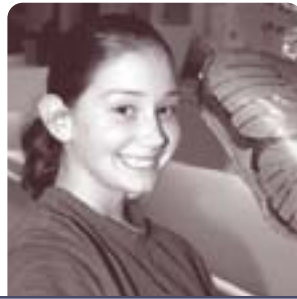
Wunnumin Lake Community-Building Initiative

The Centre funded a three-phase capacity-building project to empower the northern Wunnumin Lake Aboriginal residents to build a self-supporting community wellness program through partnership with Kinark Child and Family Services. The idea was to give the community resources to promote health and care for children at home rather than send them to neighbouring cities for

“The Centre really can provide some great opportunities to communities striving to make a difference to youth impacted by a mental health issue. We have really appreciated having the Centre at our dual-diagnosis forum where we have brought different organizations and service providers together. Already funds from the Centre have helped providers in the developmental sector be more effective and efficient in serving youth with a mental health issue. We hope to go forward with similar initiatives in our community.”

John Clarke, Child Youth and Family Coalition, dual-diagnosis subcommittee, Simcoe County





treatment. The project also sought to establish a day treatment program at Wunnumin Lake; provide ongoing consultation and educational opportunities for local staff; arrange psychological assessments for high-risk students, and; provide continuing educational support for school staff.

This project will boost child and youth mental health care capacity in the Wunnumin Lake community and enable local staff to build an independent system that can give families the help they need closer to home. Educational and professional support for Wunnumin Lake staff will promote ongoing development of relevant and appropriate programming and better outcomes for Aboriginal young people. Local champions for new initiatives will be important in making lasting improvements for Wunnumin Lake families, children and professionals.

Disseminating Evidence-based Information About Child and Youth Mental Health

Nine out of 10 parents of children with a mental health problem say they want more information to help them understand what is happening, and how to provide help and support effectively. Most don't know where to find it. Many turn to their local library or the Internet, where they face an overwhelming array of information, little of it research-based and much of it conflicting. Information needs to be reliable, up-to-date and based on the best evidence. With Initiatives funding from the Centre, the Offord Centre for Child Studies is developing new plain-language resources.

This project will allow the Offord Centre to expand its Internet content to include a section on substance abuse, and support the dissemination of plain-language pamphlets concerning attention, anxiety, behaviour and mood problems in children and youth. The Offord Centre will also review the information processes of reputable Web sites to make sure its own methods are consistent with best practices. Improving mental health outcomes for children and youth across Ontario requires that we disseminate reliable information in such a way that it can – and will – change policies, practices and services for the better. The Centre of Excellence will promote this project, by linking up to it and increasing its accessibility province-wide. This initiative is a valuable public service that puts quality information into the hands of families, teachers and others, so they can act with knowledge and confidence to improve the emotional health and well-being of children and youth.

North-South Partnership for Children in Remote First Nations Communities: Community Assessments

Through the newly formed Ontario North-South Partnership, Aboriginal communities, agencies and non-governmental organizations are mobilizing to address the needs of remote Ontario First Nations communities. Thanks to a Centre Initiatives grant, local and international experts, community leaders, Elders, parents and youth are working together to identify urgent needs and recommend cooperative ways to address them. Some of the most urgent needs surround youth suicide, serious mental health issues and a lack of positive youth engagement in these

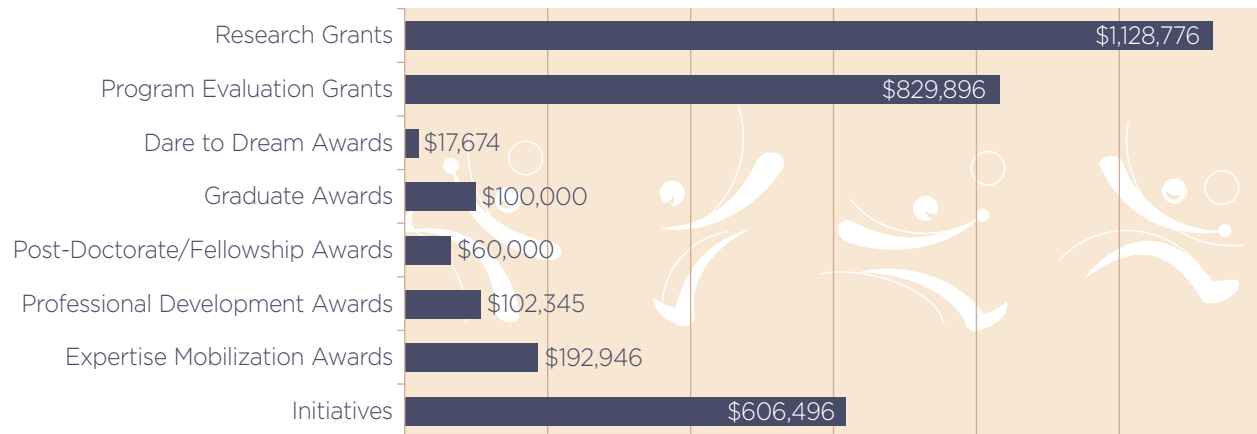
communities. These needs intersect with other serious issues, including poverty and a lack of housing, educational resources, community services and employment. The problems are magnified by the residual trauma caused by the residential school experiences of most adults in the communities.

Funding from the Centre allowed Save the Children Canada to lead an emergency assessment mission in early 2007 to take the first steps toward developing a community assessment framework for remote First Nations communities in Northern Ontario. Beginning with two pilot communities – Mishkeegogamang and Webequie First Nations – the team established a critical dialogue between residents and participating non-governmental organizations. These discussions included local and international experts, community leaders, Elders, parents and youth. They helped identify ways to work together, define common goals and methods to achieve those goals. A final report will lay the groundwork for a more comprehensive community assessment and recommend actions to address challenges identified in the consultation process.

At present, few non-governmental agencies provide support to First Nations communities. These assessments will help to change that by creating awareness of the need and identifying concrete opportunities to improve living conditions in Ontario's remote north. This project, as part of the ongoing work of the North-South Partnership, will help to mobilize resources that will empower First Nations to support their children and rebuild their communities.

2 Grants and Awards Program

Grants and Awards Distributed in 2006-2007



GRANTS AND AWARDS DISTRIBUTED IN 2006-2007			
Research Grants		Education & Training Awards	
Research Grants	\$1,128,776	Dare to Dream Awards	\$17,674
Program Evaluation Grants	\$829,896	Graduate Awards	\$100,000
Expertise Mobilization Awards	\$192,946	Post-Doctorate/Fellowship Awards	\$60,000
Initiatives	\$606,496	Professional Development Awards	\$102,345
		TOTAL FUNDS DISTRIBUTED	\$3,038,133

Sponsoring & Partnering Organization(s)	Recipient(s)	Project/Activity	Award Term	Funds Distributed
Research Grants				
McMaster University/Child Welfare League of Canada	Susan M. Jack & Peter Dudding	The Uptake and Utilization of Research Evidence by Child Welfare Policy Makers	June 2006 - May 2008	\$60,391.85
University of Western Ontario/Child and Parent Resource Institute	Alan Leschied & Jeff St. Pierre	Situating the Role of Residential Treatment for High Needs, High Risk Children and Youth: Evaluating Outcomes and Service Utilization	June 2006 - May 2008	\$71,374.00
The Hospital for Sick Children/ Bruce Grey Children's Services	Katherine Boydell & Cathy Clark	Children's Mental Health in Rural Communities: Young People's Perspectives on Receiving Services via Televideo	June 2006 - May 2008	\$74,928.64
Hincks-Dellcrest Centre/Canadian Council on Learning	Nancy Cohen & Zohreh Yaghoob Zadah	Closing the Gap: Toward an Integrative Model of Language, Cognition, and Psychiatric Disorder in Adolescence	June 2006 - May 2008	\$59,753.00
The Hospital for Sick Children/ Yorktown Child and Family Centre	Melanie Barwick & Karen Engel	Profiles and Service Utilization for Children Accessing a Mental Health Walk-In Clinic Versus Those Waiting for Treatment	September 2006 - August 2008	\$74,486.00
McMaster University/Hamilton-Wentworth District School Board	Charles Cunningham & Kathryn Short	Choosing Healthy Actions and Thoughts (CHAT): A Randomized Trial of the Influence of a School-Based Universal Mental Health Promotion Program on Depressive Symptomatology and Associated Cognitive and Behavioural Mediators	June 2006 - May 2008	\$74,996.00
The Hospital for Sick Children/ Bluewater District School Board	Rosemary Tannock & MaryAnne Alton	Evaluating Effects of Teacher Professional Development Delivered via Broadband Technology, on Children's Mental Health and Academic Outcomes	June 2006 - May 2008	\$74,740.20
University of Ottawa/ADHD Network of Eastern Ontario	Catherine Lee & Catharine Robertson	Attention Deficit Hyperactivity Disorder and Oppositional Defiant Disorder: Examining Parental Psychopathology, Parent-Child Interaction and Co-Parenting	June 2006 - May 2008	\$74,951.00
University of Ottawa, Institute of Mental Health Research/Ottawa-Carleton District School Board	Martine Flament & Robert Flewelling	Examining a Biopsychosocial Model of the Development of Body Image, Eating Behaviors and Weight Control in Adolescence: An Ontario School-Based Study	June 2006 - May 2008	\$74,999.00
University of Western Ontario	Graham Reid	Parenting Matters: Helping Parents of Young Children with Sleep and Discipline Problems	June 2005 - May 2007	\$73,958.00

Sponsoring & Partnering Organization(s)	Recipient(s)	Project/Activity	Award Term	Funds Distributed
Research Grants				
The Hospital for Sick Children	Katherine Boydell	Youth at Ultra High Risk for Psychosis: A Comprehensive Examination of Pathways to Care	June 2005 - May 2007	\$68,632.00
University of Western Ontario	Graham Reid	Parents' Conceptualization of Child Mental Health Problems: Development of a Self-Report Measure	June 2005 - May 2007	\$73,494.00
The Hospital for Sick Children	Maureen Lovett	Evaluating Research-Based Early Intervention for Children at Risk for Reading and Academic Failure	June 2005 - May 2007	\$73,916.00
University of Windsor	Sylvia Voelker	Promoting Emotional Competence in Children with Developmental Disabilities: Parent-Child Interactions During Storytelling	June 2005 - May 2007	\$59,242.00
University of Western Ontario	Christine Wekerle	Maltreatment and Adolescent Pathways Longitudinal Study: Gender and Mental Health	June 2005 - May 2007	\$63,914.00
The Children's Hospital of Eastern Ontario	Lise Bisnaire & Stephanie Greenham	An Outcomes Management Approach to Inpatient Psychiatric Services for Children and Youth in Ontario	June 2005 - May 2007	\$75,000.00
Expertise Mobilization Awards				*Renewal
*McMaster Children's Hospital	Don Buchanan	Building the Tools for Community Education	October 2005 - March 2006	\$20,000.00
*The Children's Hospital of Eastern Ontario	Annick Buchholz	Eating Disorders Research Projects	October 2005 - October 2006	\$20,000.00
*The Children's Hospital of Eastern Ontario	Katherine Henderson	REAL Study and Eating Disorder Symptom Severity Scale	October 2005 - October 2006	\$20,000.00
Adventure Place	Pamela Brown	Outcomes Assessment of Intensive Therapies for Developmental Disorders	April 2006 - March 2007	\$18,290.00
Toronto Child Abuse Centre	Pearl Rimer	Evaluation Study of the I'm a Great Little Kid! and I'm a Great Kid! Primary Prevention Programs	April 2006 - March 2007	\$19,656.00
Children's Centre Thunder Bay	Fred Schmidt	The Role of Common Process Treatment Factors in Treatment as Usual Child Therapy	April 2006 - March 2007	\$20,000.00
Affiliated Services for Children and Youth (ASCY)	Lois Saunders	Raising the Bar on Quality in Early Learning and Child Care, Dissemination Project	April 2006 - March 2007	\$15,000.00
The Children's Hospital of Eastern Ontario Research Institute	Jennifer Dunn Geier	Autism Research Project	November 2006 - April 2007	\$20,000.00
Child Parent Resource Institute	Shannon Stewart	Ethics and Children's Mental Health	November 2006 - April 2007	\$10,000.00
City of Hamilton	Valerie Copping	Evaluation of a Child Trauma Treatment Model with Caregivers Present	November 2006 - April 2007	\$10,000.00
Crossroads Children's Centre	Amy Martin	eMentalHealth.ca	March 2007 - March 2008	\$10,000.00
Youthdale Treatment Centres	Robyn Stephens	A Neuropsychiatric Profile of Children and Youth Across Four Urban Ontario Residential Programs	March 2007 - March 2008	\$10,000.00
Initiatives				
Child and Youth Mental Health Network of Eastern Ontario	Dennise Albrecht	Healthy Transitions for Young Adolescents: Phase 2	April 2006 - March 2007	\$50,000.00
Algonquin Child and Family Services	Jefferey Hawkins	Key Note Speaker at the Sparrow Lake Alliance 2006 Annual Retreat	March 2006 - May 2006	\$1,500.00
Wunnumin Lake First Nation	Chief Archie Wabasse	Community Family and Youth Needs Assessment	April 2006 - October 2006	\$6,853.00
Child and Youth Mental Health Network of Eastern Ontario	Dennise Albrecht	Healthy Transitions for Young Adolescents: Promotion and Sustainability	May 2006 - March 2007	\$10,000.00
UNICEF Canada	Lisa Wolff	Gathering Youth Voices - Violence Against Children	June 2006 - March 2007	\$50,000.00
Canadian Health Services Research Foundation	Nancy M. Quattrocchi	National Forum on Knowledge Transfer and Exchange	June 2006 - October 2006	\$10,000.00
Office of the Child and Family Service Advocacy	Judy Finlay	Pump up the Volume Conference 2006	July 2006 - March 2007	\$20,000.00
The Children's Hospital of Eastern Ontario	Lise Bisnaire	Inaugural Meeting of the Provincial Child and Adolescent Inpatient Psychiatry Network	September 2006 - March 2007	\$10,800.00
Voices for Children	Cathy Vine	Youth Travel to the NAN Community to Share their Experiences, Challenges & Efforts to Address Mental Health and Suicide Issues with the Minister of Child and Youth Services on National Aboriginal Day	August 2006 - October 2006	\$4,000.00

Sponsoring & Partnering Organization(s)	Recipient(s)	Project/Activity	Award Term	Funds Distributed
Initiatives				
Children's Mental Health Ontario/ The Provincial Centre of Excellence for Child and Youth Mental Health at CHEO	Gordon Floyd	Youth Engagement Pilot Project: A Joint Initiative Between Children's Mental Health Ontario and The Provincial Centre of Excellence for Child and Youth Mental Health at CHEO	January 2007 - December 2009	\$80,000.00
Kinark Child and Family Services	Peter Moore	Initiative A: Consultations Within and Travel to Wunnimun Lake	April 2006 - March 2007	\$27,436.22
Kinark Child and Family Services	Peter Moore	Initiative B: Wunnimun Lake Community Building Initiative	April 2006 - March 2007	\$33,667.28
Kinark Child and Family Services	Peter Moore	Initiative C: Wunnimun Lake School Initiative	April 2006 - March 2007	\$13,590.13
The Hospital for Sick Children	Brenda Miles	Infant Mental Health Technical Assistance Briefs for Family Courts in Ontario	January 2007 - March 2007	\$49,800.00
Save the Children Canada	David Morley	North-South Partnership for Children in Remote First Nations Communities: Community Assessment Phase 1 - Feasibility and Scoping	January 2007 - March 2007	\$15,000.00
Dalhousie University/The Provincial Centre of Excellence for Child and Youth Mental Health at CHEO	Stan Kutcher & Ian Manion & Simon Davidson	Psychotropic Medications Education Project	January 2007 - March 2007	\$33,850.00
University of Ottawa	Darcy Santor	Yoo Magazine: Health Literacy Program	January 2007 - March 2008	\$25,000.00
McMaster University	Charles Cunningham	Niagara Conference on Evidence-based Children's Mental Health Treatment	January 2007 - June 2007	\$5,000.00
Offord Centre for Child Studies	Peter Szatmari	Development and Knowledge Exchange of Web site	January 2007 - March 2007	\$50,000.00
University of Western Ontario	Christine Wekerle	Using the Maltreatment and Adolescent Pathways (MAP) Project as a Foundation for Child and Youth Mental Health Knowledge Translation	October 2006 - March 2007	\$60,000.00
Ryerson University (Funded in 2005-06: Balance dispersed in fiscal 2006-07)	Carol Stuart & Robert Dirstein	The Role of Competence in Outcomes for Children and Youth: An Approach for Mental Health	July 2005 - March 2006	\$12,500.00
The Hospital for Sick Children (Funded in 2005-06: Balance dispersed in fiscal 2006-07)	Katharina Manassis	Coping Communities: An Innovative Teaching Program to Expand Delivery of Child CBT	January 2005 - June 2006	\$37,500.00
Professional Development Awards			*Individual	**Group
*Rosalie Hall	Asha Moore-Clarke	Infant Mental Health Certificate - York University	July 2006 - August 2006	\$2,690.00
*Rosalie Hall	Adeline Ang	Infant Mental Health Certificate - York University	July 2006 - August 2006	\$4,574.00
*Rosalie Hall	Keisha Bailey	Infant Mental Health Certificate - York University	January 2007 - June 2007	\$4,574.00
**Crossroads Children's Centre	Michael Hone	Intergenerational Trauma Treatment Model (ITTM)	May 2006 - March 2007	\$21,650.00
**Lakeridge Health Corporation	Donna Brownlee	Consultation and Re-training in Child and Adolescent Mental Health Nursing	October 2006 - March 2007	\$24,875.00
*The Region of Peel	Alecia Stephenson	Advanced Certificate in Infant Mental Health	July 2006 - December 2006	\$2,301.69
*Peel Children's Centre	Stephanie Bush	Infant Mental Health Certificate - York University	January 2007 - June 2007	\$3,139.00
*Aisling Discoveries Child and Family Centre	Krunic Indira	Infant Mental Health Certificate - York University	January 2007 - June 2007	\$5,555.00
*London Health Sciences Centre, Child and Adolescent Mental Health Care Program	Elizabeth Phoenix	Training in Administration of the Wash-U-KSADS	December 2006 - March 2007	\$4,010.00
*Trillium Health Centre	Katrina Millen	Infant Mental Health Certificate - York University	January 2007 - June 2007	\$8,418.80
*Trillium Health Centre	Liv Elliott	Infant Mental Health Certificate - York University	January 2007 - June 2007	\$7,938.80
*Trillium Health Centre	Nikki Palmer	Infant Mental Health Certificate - York University	January 2007 - June 2007	\$8,418.80
*City of Ottawa	Carolyn Elliott	Infant Mental Health Certificate - York University	January 2007 - June 2007	\$4,200.00

Sponsoring & Partnering Organization(s)	Recipient(s)	Project/Activity	Award Term	Funds Distributed
Program Evaluation Grants				
Rapport Youth and Family Services	Paul Sherman	Evaluation of Core Counselling Services	December 2006 - March 2007	\$19,800.00
Algoma Family Services	Tara Maszczakiewicz	Program Evaluation - Algoma Family Services	December 2006 - March 2007	\$18,355.00
Dilico Ojibway Child and Family Services	Annette Wabegijig	Dilico Family Preservation Services Program Evaluation	December 2006 - March 2007	\$19,000.00
Family Adolescent Straight Talk	Jim Harkins	High Risk Male & Female Adolescents	December 2006 - March 2007	\$11,592.00
Sudbury Regional Hospital Crisis Intervention Program	Amanda Conrad	Children's Mobile Crisis Evaluation	December 2006 - March 2007	\$11,550.00
Glengarda Child and Family Services	Mark Donlon	Early Intervention Program Research Analysis	December 2006 - March 2007	\$9,333.00
The Teresa Group	Simone Shindler	Leading the Way	December 2006 - March 2007	\$17,805.00
The Governing Council of the University of Toronto	Faye Mishna	School-Based Treatment for Abused and Neglected Children	December 2006 - March 2007	\$11,843.00
Services aux enfants et adultes de Prescott-Russell	Jean-Clet Gosselin	Élaboration d'un plan d'évaluation pour nos programmes de groupe	December 2006 - March 2007	\$17,600.00
Madame Vanier Children's Services	Barrie Evans	Evaluation of a Continuous Improvement Approach	December 2006 - March 2007	\$17,820.00
Orillia Soldiers' Memorial Hospital	Angela Collings	Multidisciplinary Education and Consultation Clinic	December 2006 - March 2007	\$13,657.00
Banyan Community Services	Susanne O'Grady	Youth Court Mental Health Worker	December 2006 - March 2007	\$15,257.00
University of Ottawa, Institute of Mental Health Research	Judy Makinen	Implementation Evaluation of the Assessment Process	December 2006 - March 2007	\$7,442.00
Aisling Discoveries Child and Family Centre	Yvonne Bohr	Songs, Rhymes and More: A Program to Enhance Parental Sensitivity	December 2006 - March 2007	\$19,250.00
Children's Aid Society of Stormont, Dundas and Glengarry	Mehroon Kassam	Adolescent Child & Mental Health Services	December 2006 - March 2007	\$18,500.00
Grand River Hospital	Pat Chevalier	Evaluation of Service Delivery Models for Preschool Age Children	December 2006 - March 2007	\$14,454.00
Children's Centre Thunder Bay	Diane Walker	CCTB Outclient Evaluation Pilot Project	December 2006 - March 2007	\$14,500.00
Child Development Institute	Leena Augimeri	Residential Services & Here to Help Evaluation	December 2006 - March 2007	\$17,000.00
YOUTHLINK	Marie Muli	Agency Wide Program Evaluation	December 2006 - March 2007	\$14,000.00
The George Hull Centre for Children and Families	Sandra Cunning	Evaluating the Effectiveness of Day Treatment Programs from Multiple Perspectives	December 2006 - March 2007	\$16,912.00
William W. Creighton Youth Services	Tammie Corbett	Gender Specific Program	December 2006 - March 2007	\$6,900.00
Community Mental Health Clinic	Deborah Gauthier	Using CBT Group Format with Children and Adolescent who Present with Anxiety and Depression	December 2006 - March 2007	\$5,000.00
K-W Counselling Services	Bernard Porlier	OK2BME Project Evaluation	December 2006 - March 2007	\$19,292.00
Oxford Child and Youth Centre	Kevin Clouthier	Internal Evaluation Capacity Building	December 2006 - March 2007	\$18,850.00
McMaster Children's Hospital	Sherry Van Blyderveen	Understanding Pediatric Eating Disorders and their Treatment	December 2006 - March 2007	\$19,982.00
Child and Family Centre	Susan Nicholson	Therapeutic Foster Care Program Evaluation Grant	December 2006 - March 2007	\$18,000.00
Big Brothers Big Sisters of Hamilton and Burlington	Tracy Newton	Data Development	December 2006 - March 2007	\$19,136.00
Griffin Centre	Catia Valenti	Contributing to the Knowledge Base: Potential Use of BCFPI in Working with Youth with a Dual Diagnosis	December 2006 - March 2007	\$19,000.00
Patricia Centre for Children and Youth	Debbie Dokuchie	The Use of the BCFPI and CAFAS in Program Evaluation	December 2006 - March 2007	\$18,302.00

Sponsoring & Partnering Organization(s)	Recipient(s)	Project/Activity	Award Term	Funds Distributed
Program Evaluation Grants				
New Path Youth & Family Services	Pat Malane	COMPASS Simcoe County - Community Partners with Schools	December 2006 - March 2007	\$11,405.00
Thistletown Regional Centre	Rajko Seat	Evaluating the DEC Program Effectiveness	December 2006 - March 2007	\$19,928.00
The Phoenix Centre for Children and Families	Greg Lubimiv	Students Learning About Addiction and Mental Health	December 2006 - March 2007	\$13,640.00
Toronto Child Abuse Centre	Karyn Kennedy	Program Evaluation	December 2006 - March 2007	\$19,500.00
Windsor-Essex Children's Aid Society	Terry Johnson	Community Capacity Project	December 2006 - March 2007	\$12,925.00
Youthdale Pediatric Institute of Neuroscience	Robyn Stephens	Longitudinal, Functional and Behavioural Outcomes of Youth with Neuropsychiatric Disorders (NPD) Compared to those Without NPD Following Discharge from an Ontario Pediatric Inpatient Psychiatric Facility (N=100).	December 2006 - March 2007	\$14,825.00
Durham Family Court Clinic	Bonnie Gagne	Collaborative Day Treatment - An Expansion in Delivery	December 2006 - March 2007	\$14,650.00
Yorktown Child and Family Centre	Linda Sumner	Evaluation of the Core Counselling Program (CCP)	December 2006 - March 2007	\$17,890.00
Woodview Children's Centre	Cindy I'Anson	Outcomes Assessment of Community-Based and Day-Treatment Programs	December 2006 - March 2007	\$12,500.00
Chippewas of Nawash First Nation	Judith Chegahno	Chippewas of Nawash Evaluation Project	December 2006 - March 2007	\$8,800.00
Family Counselling and Support Services for Guelph-Wellington	Suzanne Muscat	Child Witness to Domestic Violence Program	December 2006 - March 2007	\$14,210.00
Bulimia Anorexia Nervosa Association (BANA)	Mary Kaye Lucier	Program Evaluation of an Adolescent Psycho-Educational Group For Eating Disorders Entitled New Directions	December 2006 - March 2007	\$20,000.00
Algonquin Child and Family Services	Michelle Dermenjian	School Mental Health: Improving Developmental Competency	December 2006 - March 2007	\$19,500.00
Settlement and Integration Services Organization (SISO)	Christine Evans	Children's Mental Health Outreach Program (CMHOP)	December 2006 - March 2007	\$15,647.00
Craigwood Youth Services	Graham Ashbourne	SPSS	December 2006 - March 2007	\$18,174.00
Good Shepherd Centre Hamilton	Alan Whittle	Mental Health Nurse Program - Youth Services: Phase 2 Evaluation Proposal	December 2006 - March 2007	\$17,850.00
Langs Farm Village Association	Kerry-Lynn Wilkie	LFVA 7th Inning Evaluation Program	December 2006 - March 2007	\$13,500.00
Trillium Health Centre	Valerie Grdisa	Program Evaluation: Efficacy & Effectiveness of Different Treatment Approaches to Cognitive Behavior Therapy for Children & Youth	December 2006 - March 2007	\$10,639.00
Humber River Regional Hospital	Llewellyn Joseph	Outcome Evaluation of Treatment of Disruptive Disorders	December 2006 - March 2007	\$17,500.00
Lutherwood	Walter Mittelstaedt	Lutherwood's Childrens Mental Health Program Evaluation	December 2006 - March 2007	\$14,575.00
The Children's Hospital of Eastern Ontario Research Institute	Simone Kortstee	Program Evaluation in a Section 23 Day Treatment Program	December 2006 - March 2007	\$15,658.00
Ottawa Children's Treatment Centre	Jane Heintz Grove	Therapeutic Recreation and Autism Spectrum Disorders: The Development of a Framework and Evaluation of the ORCAS Program at the OCTC	December 2006 - March 2007	\$20,000.00
The Etobicoke Children's Centre	Paul Chalmers	Program Evaluation of the Day School Milieu Treatment Program at the ECC	December 2006 - March 2007	\$12,500.00
Rebound Child and Youth Services Inc.	Nicola Crow	CHOICES/P.A.S.S. Evaluation Project	December 2006 - March 2007	\$15,838.00
Humewood House Association	Louise Moody	Young Parent Risk Assessment Tool	December 2006 - March 2007	\$8,110.00

Sponsoring & Partnering Organization(s)	Recipient(s)	Project/Activity	Award Term	Funds Distributed
Dare to Dream Awards				
École De La Salle	Adel Kerkadi	Musical Show	June 2006 - December 2006	\$1,000.00
Dunnville Secondary School	Brittany Jackson	Suicide Prevention Program	June 2006 - December 2006	\$3,297.00
Parkside Collegiate Institute	Abby Roke	Producing a Video with the Intention of Decreasing Stigma and Negative Use of Sexually Connotative Words Towards Fellow High School Peers	June 2006 - December 2006	\$1,000.00
K-W Counselling Services Inc.	Kayla Tavares	Snap-pey Pals Comic Book - Peaceful Conflict Resolution	January 2007 - October 2007	\$1,000.00
City of Peterborough	Kathleena Tattrie	Leadership Development Day	January 2007 - October 2007	\$1,000.00
Burlington Central High School	Victoria DeBoer, Michelle Cantar, Dania Fahmi	Mental Health Awareness Day	January 2007 - October 2007	\$1,000.00
St. Theresa Secondary School	Dineen Morrison	Girls Self-Esteem Group, Peer Mediator and Mentor Groups	January 2007 - October 2007	\$1,000.00
Hammarskjold High School	Raija Begall	How I Broke Up with 'Ed'	January 2007 - October 2007	\$700.00
The George Hull Centre	Tara Jones	Community Resource Database (CRD)	January 2007 - October 2007	\$555.00
Children's Aid Society	Sarah Stella	Black Light Theatre	January 2007 - October 2007	\$925.23
École écho-jeunesse	Danika Spooner	Oser de dépasser	January 2007 - October 2007	\$996.80
Central Commerce Collegiate	Sing Lung Wong	One in Five Project	January 2007 - October 2007	\$1,000.00
Immaculata High School	Claire Brascoupé	Jessie and the Dandelion Dance Company	January 2007 - October 2007	\$1,200.00
Canadian Mental Health Association - Windsor-Essex Branch	Amanda Vojvodin	Dramatic Presentation	January 2007 - October 2007	\$1,000.00
University of Ottawa	Lauren Lacroix	The Mental Health Monologues	January 2007 - October 2007	\$1,000.00
K-W Counselling Services Inc.	Nathan Grimberg	Steam Dream Team Art Mural and Exhibit	January 2007 - October 2007	\$1,000.00
Graduate Awards				
University of Western Ontario	Juliana Tobon	Help-seeking Pathways to Child Mental Health Services in Ontario	September 2006 - August 2009	\$20,000.00
York University	Urszula Jasiobedzka	Emotion Regulation and Cortisol Reactivity to Stress in Boys and Mothers from Aggressive and Non-Aggressive Samples	September 2006 - August 2007	\$20,000.00
University of Ottawa	Sophie Hyman	Testing an Ecological Model of Resilience in Homeless Adolescents	September 2006 - August 2008	\$20,000.00
Ontario Institute for Studies in Education/University of Toronto	Kelly Nash	Defining the Behavioural Phenotype in Fetal Alcohol Spectrum Disorder: A Comparison with Conduct Disorder and Attention Deficit Hyperactivity Disorder	September 2006 - August 2008	\$20,000.00
McMaster University	Benjamin Stride-Darnley	Locations of Therapeutic Benefit: A Qualitative, Multi-Sited Investigation of Young People's Illness Narratives and Mental Health Service Provision for Ontarian Children and Youth	September 2006 - August 2007	\$20,000.00
Post-Doctorate/Fellowship Award				
Centre for Addiction and Mental Health	Elizabeth Brownlie	Language Impairment and Mental Health in Girls	August 2006 - July 2007	\$60,000.00

2006-2007 TOTAL

\$3,038,133.44

3 The Centre is About RESEARCH



While the Centre funds new research through the Grants and Awards Program, it also supports in-house research on key topics of relevance to child and youth mental health in Ontario.

Systematic reviews are considered the gold standard in assessing a body of evidence on a given topic. The Centre has tackled reviews on stigma, integration and, the incidence and prevalence of mental health problems in children and youth. In addition, we are supporting the expansion of an interactive online health magazine for youth, and the development of new research tools for stakeholders.

Stigma

Transcending the Stigma Surrounding Mental Health Difficulties: An International Research Collaboration to Empower Children and Youth

Stigma leaves many young people suffering unnecessarily because they won't ask for help for fear of being labelled. Children and youth depend on their families and others to make appointments, get referrals, and arrange transportation and time off school when they do get help. When communities, including families and friends, struggle with their own attitudes towards mental health, reaching out for help is compounded.

The Centre undertook a systematic review of school-based programs that were designed to address the stigma associated with mental health difficulties. The work so far reveals that no evidence-based programs are in place that have achieved a proven reduction in the stigma experienced by youth with mental health difficulties at school. As a result, the Centre committed to building that evidence by bringing together provincial, national and international experts and stakeholders to forge partnerships and develop a common vision of what could work and how to evaluate it.

In early Spring 2007, 38 experts and advocates met for three days to discuss what research needs to be done to reduce the stigma surrounding mental health difficulties. The workshop was organised and conducted by the Centre and co-funded by the Centre of Excellence for Early Childhood Development and the Canadian Council for Learning. The Centre is committed, through this initiative and others, to proactively moving the anti-stigma agenda forward.

Incidence and Prevalence

In order to plan and resource child and youth mental health services effectively, there must be a solid understanding of the magnitude of the burden involved. The first step in assessing burden is to accurately and comprehensively determine the prevalence and incidence of mental health conditions in children and youth.

A Centre research team undertook a systematic review of the international evidence on the proportion of children and youth experiencing mental health difficulties. As the review was intended to inform current and future system needs of Ontario children and youth, studies that were most comparable to Ontario today, including current DSM criteria, were considered most relevant. In total between 20 and 30 studies are being reviewed and their data compiled for an overall picture that accurately reflects how many Ontario children and youth are likely to have mental health difficulties now, in the near future and over their lifetime. This work continues with a view to assessing whether a surveillance system needs to be considered in order to ensure an on-going accurately quantified picture of the burden of Ontario's children and youth. The Centre will find every opportunity possible to provide this information to the broadest audience of stakeholders as soon as it is available.

Integration

The Centre's vision is of a fully integrated system that meets the mental health needs of children, youth and their families in ways that are evidence-based. Although more resources are essential, changing how the system currently works is key to ensuring they are used to maximum benefit.

To this end, the Centre undertook a systematic review of the evidence currently available about systems integration with a view to informing a meaningful process for the Ontario child and youth mental health system. At the outset, it was determined that the most pertinent evidence would need to involve multiple types of services, offered to individuals with a range of illnesses or difficulties and provided by multiple service providers. In addition, the systems that integrate services, which are studied, would need to have taken place in either a city, or a region, which could include a city. Although a number of relevant articles were identified in the literature, it is apparent that the amount, and the comprehensiveness and clarity of empirical evidence available is limited. The gaps in the evidence inhibit the usefulness of such a systematic review. As a result the Centre has put aside this review for now. It did however provide a very comprehensive inventory highlighting what may be some of the most important characteristics of an effective and efficient system of care. The Centre continuously looks for more evidence-based resources on system integration and remains committed to informing the process with quality information.

YooMagazine.net Health Literacy Program

YooMagazine is an interactive health magazine for youth designed to foster health literacy and informed decision-making. It offers a range of innovative and interactive health and mental health resources including an anonymous question/answer section, information sheets on a range of health issues, interactive questionnaires and quizzes, as well as access to online learning modules and classroom activities for teachers. The



magazine was originally launched and piloted in Nova Scotia but with support from the Centre, it is now being rolled out across Ontario. Its co-director, Dr. Darcy Santor, is a senior research scientist at the Centre. This unique position was developed in partnership with the University of Ottawa where Dr. Santor is a professor in the School of Psychology.

Early Detection Tool

Dr. Santor has also developed a screening process to be used by family physicians and pediatricians to promote early detection of child and youth mental illness and mental health difficulties. This initiative uses Blackberry technology to facilitate the screening process. Once piloted and evaluated in selected family physician and pediatrician offices, it will be implemented across Ontario. Partnerships have been established with several physician bodies including the Ontario College of Family Physicians and the Canadian Pediatric Society.



The Centre is About
Researchers

Tools for Program Evaluation

Increasingly, programs need to provide evidence that interventions are achieving treatment goals and reaching their target populations. For many community-based programs, the tools and supports were not previously in place to support program evaluation. The Centre addresses this gap with new tools and in-house experts.

The Centre's program evaluation research associate provides consulting services to groups and agencies who want to assess the impact and outcomes of their services. In addition, a toolkit, *Doing More with Program Evaluation* has been developed. It supports the planning and development of outcome and process evaluation within organizations, and serves as an easy-to-use reference guide outlining the various steps in conducting program evaluation. As a resource, the toolkit provides a roadmap for developing program logic models, and includes an appendix of suggested readings for additional information. Referral to this toolkit is often the recommended first step when agencies contact the Centre for information on program evaluation. An accompanying full-day training module is being developed and will be piloted in several areas of the province. The toolkit is now available on the Centre's Web site, and once finalized, the training module will also be available for download. See www.onthepoint.ca.

“ I feel really fired up about the work that will come from (the Centre's Stigma) workshop. It has re-motivated me to ensure our program works with young people. I built some good links with the youth in attendance and their perspectives on stigma and discrimination. ”

Anti-stigma advocate

4 The Centre is About KNOWLEDGE EXCHANGE

The Centre places significant emphasis on knowledge exchange and building opportunities to link people and information in ways that are meaningful and timely.

For two consecutive years, the Centre's directors and managers have visited every region of the province to talk about what stakeholders need. We further discussed how we could work together to build a better system of child and youth mental health in Ontario. Many regions took this opportunity to profile the work that has been undertaken in their communities thanks to the support of the Centre. What we heard from these meetings and others is that strengthening linkages is critical for the future of child and youth mental health.

Web site Update www.onthepoint.ca

The Centre's Web site was redeveloped to enhance its look and feel, architecture, navigation and functionality as well as to update and expand its content. The site now includes the Centre's strategic plan and accountability framework as well as information about how to be an agent of change, or conduct program evaluation. It outlines our approach to knowledge exchange and evidence. The redeveloped site also includes dynamic new features, such as the evidence syntheses database and tracking tools to monitor their use.

The Centre is also moving forward on building a Grants and Awards Index, a new feature designed to make it easier for stakeholders to access information about research findings and other activities funded by the Centre.

“Maryvale Adolescent and Family Services, a residential and day treatment centre for adolescents experiencing emotional, behavioural or psychiatric problems, received a Program Evaluation Grant from the Centre in 2006. We used it to enhance and rejuvenate the treatment culture within the organization, shifting to a more youth-centered, strengths-based approach. It was an exciting opportunity to reframe the experience of daily work for front line and clinical staff.”

Terry Bouchard, Maryvale Adolescent and Family Services, Windsor



The Centre is About
Service Providers



Evidence Syntheses Database

The Centre completed and launched its Evidence Syntheses Database, which provides stakeholders with easy access to clinical practice guidelines and systematic reviews relevant to child and youth mental health. We consulted with our Service Providers Reference Group and others to better understand their needs. We developed the specifications for the database, identifying all the immediately necessary features while ensuring that new tools could be introduced over time. The database was built, tested and filled with information from our previously posted annotated bibliographies as well as with new information.

You can expect to see more resources added as we put in place strategies to ensure that we are quickly aware of new relevant publications. The Centre will also extract more information from existing resources to populate the database and increase the utility of the tool. The Centre will include companion and evaluation documents, such as existing critical appraisals and commentaries, to further assist users. See www.onthepoint.ca.

“Most community-based child and youth mental health agencies don’t have the resources to stay on top of the research literature to make sure that the services they provide are current evidence-based practices. The Centre can and is doing this. The Centre’s evidence syntheses database gives agencies a source that they can rely on to keep moving forward in their care of children and youth. Also, program evaluation tools like the program logic model gives agencies a reliable blueprint to assess their programs. With these, the Centre is really facilitating positive change in child and youth mental health service delivery. The children’s mental health system is fortunate to have these important resources.”

Katherine Barry, MCYS



5 The Centre is About SPARKING CHANGE



Consumers, parents, caregivers, advocates, service providers, academics and policy makers from all levels of government joined in the Centre's Galvanizing Forum held in the Fall of 2006.

This forum on integration included members of all the Centre's reference groups, including the Advisory Council, the Consumer and Advocates Network, the Service Providers Reference Group and the Research, Initiatives, Training and Education Committee. The result was a cross-sectoral, multi-disciplinary discussion that provided a spark for building an integrated system in Ontario that better meets the mental health needs of children, youth, their parents and caregivers.

The voices of experience represented at the conference, including those of youth participants, are the energy that will drive the Centre's plan to achieve an integrated system. Participants said they look to the Centre to stay focused on 'the big picture' of system integration and help involve others to move it forward. This approach can include a range of activities, including supporting the necessary networking, informing advocacy and educational activities as well as generating, facilitating and disseminating new evidence and information. Representatives from each of the Centre's reference groups will carry this momentum forward with more focused recommendations for action by the Centre and other key partners and stakeholders. From this working group, a strategy will be developed to identify the next steps towards a truly integrated system.

“ The level of interest and scope of knowledge was inspiring, motivating and reassuring. We can actually make substantial change. ” *Participant comment*

“ Continue to arrange meetings like this that bring together all the different stakeholders. Young people bring so much value to this experience. ” *Participant comment*



6 The Centre is About COLLABORATION

The Centre is a unique organization that serves as a provincial resource for all stakeholders in child and youth mental health and allied sectors.

We are at the table with many of the leaders in Ontario who are working to improve the system. We are partners at the local, regional, provincial, national and international levels on many different initiatives.

As part of our infrastructure, it is crucial that processes be in place to maintain connections across sectors and stakeholders. The Centre's reference groups are a key part of that process. We recognize the valuable contributions and diverse perspectives from all committee members. Their input and networks enrich the Centre and contribute to making our work even more relevant.

The Consumer and Advocates Network and the Service Providers Reference Group provide advice on:

- Existing gaps in research and intervention;
- Knowledge translation for relevant stakeholders;
- The impact of the Centre's activities on children, youth and their families/caregivers.

Consumer and Advocates Network (CAN)

Brian Amarelo
Waterdown

Anie Belanger, Youth Representative
Ottawa

Patrice Benjamin, Youth Advisor
Office of Child and Family Service Advocacy - Toronto

Joanne Curran (Co-Chair), Co-Founder
Hopewell Eating Disorders Support Centre of Ottawa - Ottawa

Carrie Digiglio
Sudbury

Heather Elbard (Co-Chair), President
Children's Mental Health Ontario - Hamilton

Judy Finlay, Chief Advocate
Office of Child and Family Service Advocacy - Toronto

Ron Hadlington
Ajax

David Havoic, Youth Representative
Mississauga

Brad Heaslip, Youth Representative
Kingston

Susan Hess, President
Parents for Children's Mental Health - Windsor

Ann Howarth-Wiles
Ottawa

Jo-Anne Johnson
Windsor

Asifa Malik, Youth Advisor
Office of Child and Family Service Advocacy - Toronto

Perry Mason
Hamilton

Edan Naumetz, Youth Representative
Ottawa

Vivek Pandian, Youth Representative
Ottawa

Alice Sabourin, MSW
Beedaubin Resources - Thunder Bay



Service Providers Reference Group (SPRG)

Michelle Bates (Co-Chair), Social Worker
Hamilton Wentworth District School Board - Hamilton

Lise M. Beaupré, Social Worker
Conseil scolaire catholique Franco-nord - North Bay

Marianne Borg, Senior Policy Analyst, Child Welfare Secretariat
Ministry of Children and Youth Services - Toronto

Dr. Michael Cheng, Head, Mood and Anxiety Team
The Children's Hospital of Eastern Ontario - Ottawa

John Clarke, Coordinator
Behaviour Management Services of York and Simcoe - Barrie

Colleen Coyne, Child and Youth Worker
Pelletier Homes for Youth - Toronto

Libby Ells, Social Worker
Pathways for Children and Youth - Kingston

Dr. Guy Gignac, Psychologist
Conseil scolaire de district des écoles catholiques du Sud-Ouest - Windsor

Dr. Cherie Jones-Hiscock (Co-Chair),
Director, Mood and Anxiety Disorders Clinic
Hotel Dieu Hospital – Kingston

Sherryl Hyde, Social Worker
William Osler Health Centre – Brampton

Dr. Debra Lean, Chief Psychologist
Dufferin Peel Catholic District School Board –
Mississauga

Leslie McDiarmid, Project Coordinator
Better Beginnings, Better Futures – Ottawa

Sandra Murphy, Public Health Nurse
Halton Region Health Department – Oakville

Dr. Joe Persi, Psychologist
Regional Children's Psychiatric Centre –
Sudbury

Rhonda Persichilli, Intake Coordinator
St. Joseph's Health Care London – London

Dr. Brenda Restoule, Psychologist
Native Mental Health Association of Canada
Giyak Moseng – The Right Path Counseling &
Prevention Services – Sudbury

Dr. Bob Smith, Psychologist
Professional Corporation – Kenora

Jennifer Speers, Youth Program
ADAPT – Milton

Deb Svanefelt, Youth and Family Therapist
New Path Youth and Family Services – Orillia

Research, Initiatives, Training and Education Committee (RITE)

RITE Committee is the adjudicating body for all peer-reviewed funds and assists the Centre with:

- Identifying priority areas for peer-reviewed funds;
- Developing requests for proposals and applications;
- Reviewing and evaluating submissions for peer-reviewed funds.

Dr. Ian Manion (Chair), Executive Director, Operations
The Provincial Centre of Excellence for Child and Youth Mental Health at CHEO – Ottawa

Dr. Joe Beitchman, Professor and Head
Centre for Addiction and Mental Health – Toronto

Dr. Lise Bisnaire, Professional Practice Leader
The Children's Hospital of Eastern Ontario – Ottawa

Dr. Katherine Boydell, Qualitative Sociologist,
Health Systems Research
The Hospital for Sick Children – Toronto

Dr. Douglas Brown, Clinical Director
Peel Children's Centre – Mississauga

Dr. Carolyn Byrne, Dean
University of Toronto Institute of Technology –
Oshawa

Dr. Martine Flament, Research Director
Royal Ottawa Health Care Group – Ottawa

Joanne Johnston, Director
Children's Mental Health Ontario – Toronto

Dr. Vicki Leger, Manager
Ministry of Children and Youth Services – Toronto

Dr. Alan Leschied, Psychologist and Professor
University of Western Ontario – London

Dr. John Lyons, Director
Northwestern University Feinberg Medical
School – Chicago, IL

Dr. Harriet MacMillan, Professor and Head
McMaster University – Hamilton

Dr. Graham Reid, Assistant Professor
University of Western Ontario – London

Dr. Caroline Roncadin, Psychologist/Scientist
Peel Children's Centre – Mississauga

Dr. Mark Totten, Director
Youth Services Bureau of Ottawa-Carleton –
Ottawa

Dr. Christine Wekerle, Associate Professor
University of Western Ontario – Richmond Hill

Advisory Council

The Advisory Council provides advice on;

- Strategic directions;
- Partnership funding allocation;
- Key partnerships;
- Communication strategies;
- Outcome measurement and evaluation.

Michael Kirby (Chair), Chair
Canadian Mental Health Commission –
Nepean

Dr. Kathryn Bennett, Epidemiologist
McMaster University – Hamilton

Michel Bilodeau, President and CEO
The Children's Hospital of Eastern
Ontario – Ottawa

Peter Dudding, Executive Director
Child Welfare League of Canada –
Ottawa

Dr. Bruce Ferguson, Director
Community Health Systems
Resource Group, The Hospital for
Sick Children – Toronto

Judy Finlay, CAN Representative
Toronto

Gordon Floyd, Executive Director and CEO
Children's Mental Health Ontario – Toronto

Aryeh Gitterman, Assistant Deputy Minister
Ministry of Children and Youth Services – Toronto

Susan Hess, CAN Representative
Windsor

Dr. Debra Lean, SPRG Representative
Mississauga

Dr. Alan Leschied, RITE Representative
London

**Dr. John Leverette, Professor, Deputy Head
and Chair**
Queen's University – Kingston

Dr. Lynn Ryan MacKenzie, Executive Director
Algoma Family Services – Sault Ste. Marie

Alemka Mahalec, Manager
William Osler Health Centre – Brampton

Peter Moore, Executive Director
Kinark Child and Family Services – Markham

Glen Newby, CEO
New Path Youth and Family Services – Barrie

Vivek Pandian, CAN Youth Representative
Ottawa

**Dr. Margaret Steele, Chair, Division of Child
Psychiatry**
University of Western Ontario – London

**Peggy Taillon, Vice President, Advocacy
Community Engagement and Chief
Privacy Officer**
The Ottawa Hospital – Ottawa

Bill Wilkerson, Co-Founder and CEO
Global Business and Economic Roundtable on
Addiction and Mental Health – Toronto



The Centre is About
Partnerships